

KENTON H. FIBEL, MD

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EMPLOYMENT

Current Employer: Cedars Sinai Orthopedics, Anaheim Ducks

Former Employer: Cedars-Sinai Kerlan-Jobe Institute

Former Employer: Hospital for Special Surgery, New York Rangers

APPOINTMENTS

Cedars Sinai Orthopedics/Santa Monica Orthopedic Group Primary Care Sports Medicine Physician

Assistant Attending Physician, Cedars-Sinai Medical Center

Anaheim Ducks Medical Director (Head Team Physician)

Assistant Director of Cedars Sinai Primary Care Sports Medicine Fellowship

Fullerton College Team Physician

MEDICAL BOARD STATE LICENSING

California State Medical License

CERTIFICATION

Board Certified by the American Board of Family Medicine

Certificate of Added Qualification in Sports Medicine

PROFESSIONAL AFFILIATIONS

NHL Team Physicians Society, Serve on Prescription Medication Subcommittee

American Medical Society for Sports Medicine, Serve on Membership Committee

American Academy of Family Physicians

EDUCATION

Hospital for Special Surgery, 2013-14
Sports Medicine Fellowship

University of California, San Diego, 2010-13
Family Medicine Residency Program

University of California, Irvine, 2006-10
School of Medicine
Doctor of Medicine

University of California, San Diego, 2002-06
Muir College
Regent's Scholar
B.S., Microbiology

Aliso Niguel High School, 1998-2002
Graduated as Scholar of Scholars (Class Valedictorian of 716 students)

TEAM PHYSICIAN/SPORTS COVERAGE EXPERIENCE

- Current Medical Director (Head Team Physician) for Anaheim Ducks
- Lead Medical Team Physician for Anaheim Ducks from 2017-Current
- Team Physician for Fullerton College
- Former Lead Medical Team Physician for New York Rangers from 2014-2017
- Assistant Team Physician for New York Giants during 2013-14 season, continued to provide back-up coverage for their current Team Physician until 2017
- Assistant Team Physician for New York Mets during 2013 and 2014 seasons
- NFL Combine with New York Giants in Feb, 2014 in Indianapolis, IN
- Head Team Physician for Long Island City High School Football and Assistant Team Physician for Kipp High School Football in 2013
- Lake Placid IronMan 2013- Event Physician at Main Medical tent
- Brooklyn Half Marathon 2015-Event Physician
- Diana Nyad “Swim For Relief” in Herald Square, NYC. Oct 2013.
- Local Medical Director for Brooklyn 10k. Oct 2013.
- New York City Marathon 2013-Finish Line tent in the Command Center and Post-NYC Marathon Monday
- St. John’s Women’s and Men’s Basketball and training room 2014 season
- Castleton College Spartan’s Ice Hockey
- Physician for Atlantic-10 Basketball Tournament at Barclay’s Center. Mar 2014.
- American Athletic Conference 2013 Track and Field Championship
- Grand Pre NorAm 2014- NorAm Mogul Competition at Stratton Mountain, Vermont. Jan 2014. Teams from USA, Canada, Japan and Australia.
- Soccer and Tae Kwon Do events at California State Games in 2010 and 2011 and Soccer and Skateboarding in 2012, high school football games at multiple schools in San Diego County, San Diego Surge football which is San Diego’s professional women’s football team, University of San Diego Women’s Basketball, San Diego Sockers (San Diego’s Professional Indoor Soccer team), San Diego’s Rock and Roll Marathon
- Mixed Martial Arts Xplode Fight Series
- Team Physician for the Mira Mesa High School Football team in 2011 and 2012
- Team physician for the UC San Diego Ice Hockey team 2012
- Pre-participation physical examinations for high schools and colleges including UC San Diego, Grossmont College, Westview High School, Torrey Pines High School, San Marcos High School, Kearny High School, Godinez High School in Santa Ana
- UC Irvine women’s basketball games, Women’s Soccer and Men’s Soccer games, High School Football games, Team OC gymnastics, ZofTrot Triathlon from 2008-2010
- Assisted with an ice hockey summer program for children aged 2-10 helping to set up practice drills and guiding the participants in Aliso Viejo, CA
- Special Olympics medical coverage-multiple years

LEADERSHIP POSITIONS

July 2019- Current	Medical Director (Head Team Physician) for the Anaheim Ducks
July 2019- Current	Assistant Director of Cedars Sinai Primary Care Sports Medicine Fellowship
Jan 2025- Current	Anaheim Location Site Physician Lead (Tier 1) for Cedars Sinai Orthopedics
Jan 2019- Current	NHL Team Physician Society Prescription Medication Subcommittee Representative

- April 2018-2021 **Irvine Youth Sports Committee Medical Advisor, Member-At-Large**
- Provided medical advice and guidance for Irvine youth sports
- June 2014 to April 2017 **Primary Care Sports Medicine Didactics**
- Established curriculum and coordinate monthly primary care sports medicine didactic conference at Hospital for Special Surgery
- April 2012 to Present **American Medical Society of Sports Medicine-Membership Committee Representative**
- Resident/Medical Student Subcommittee Representative, a subgroup of the AMSSM Membership Committee
- Jan 2015 to April 2017 **Epic Service Line Champion**
- Epic Service Line Champion for the Primary Care Sports Medicine department at Hospital for Special Surgery

PRESENTATIONS

- Aug 2024 Emergency Action Plan. The AOSSM/NHL Hockey Summit in Chicago, Illinois
- Aug 2024 Sideline Coverage: Medical Sports Injuries for Kerlan-Jobe Fellowship Conference
- June 2024 Sleep Medicine for NHL/PHATS Annual Meeting in Orlando, Florida

PUBLICATIONS

- Jan 2023 Matusak ME, Yau CC, Fibel KH. Medical Sports Injuries in American Football Players. *HSS Journal*. 2023;0(0).
- May 2017 Degen RM, Fink ME, Callahan L, **Fibel K**, Ramsay J, Kelly BT. Internal Carotid Artery Dissection After Indirect Blunt Cervical Trauma in an Ice Hockey Goaltender. *Am J Orthop* (Belle Mead NJ). 2017 May/Jun;46(3):E139-E143. PMID: 28666040
- Apr 2016 Degen RM, Fink ME, Callahan L, **Fibel KH**, Ramsay J, Kelly BT. Brain contusion with aphasia following an ice hockey injury. *Phys Sportsmed*. 2016 Apr 22:1-3. PMID:27074595
- Dec 2015 **Fibel KH**, King O, Halpern B. Sports Injuries: The Upper Extremity. Birrer et al: *Sports Medicine for the Primary Care Practitioner*, Fourth Edition. Dec 2015. Book Chapter.
- Feb 2015 **Fibel KH**, Hillstrom H, Halpern B. State-of-the-Art Management of Knee Osteoarthritis. *World J Clin Cases*. 2015 Feb. 16;3(2):89-101. doi: 10.12998/wjcc.v3.i2.89.
- Oct 2014 **Fibel KH**, Barnes RP, Kinderknecht JJ. Pressurized Intravenous Fluid Administration in the Professional Football Player: A Unique Setting for Venous Air Embolism. *Clin J Sport Med*. Case Series. Clin J Sport Med. 2014 Oct 6.
- May 2014 **Fibel KH**, Cardinale N, Nichols S, et al. Evaluating Concussion in Sport: A Case for Magnetoencephalography. *J Athl Enhancement*. Accepted for pub May 2014.
- April 2012 **Fibel KH**, Reece MGS, Taylor KS. How to Guide Return to Play. In C. Koutures and V. Wong, *Pediatric Sports Medicine: Essentials for Office Evaluation*. New Jersey: Slack Inc. 2013. Book Chapter.
- March 2012 **Fibel KH**, Cardinale N, Achar S. Evaluating Sport-Related Concussions With Magnetoencephalography. *Clin J*

Sport Med. Mar 2012. Abstract.

Jan 2004 Shah N, Merritt SI, **Fibel K**, et al. Diffuse Optical Spectroscopy of Bone. *International Biomedical Optics Symposium*. Abstract published and presented by N Shah.

HONORS AND AWARDS

- June 2013 **University of California, San Diego Department of Family Medicine**
- Received Family Medicine Residency Leadership Award at UC San Diego
- Oct 2011 **University of California, San Diego Department of Family Medicine**
- Elected Chief Resident for the 2012-2013 Academic Year
- Aug 2009 **University of California, Irvine School of Medicine**
- Nominated for Alpha Omega Alpha Honor Medical Society
- May 2008 **University of California, Irvine School of Medicine**
- Received Basic Science Certificate of Excellence
- Sept 06-09 **University of California, Irvine School of Medicine**
- Received Honors in Anatomy & Embryology, Neuroscience, Clinical Pathology, Pharmacology, Clinical Foundations II, Psychiatry Clerkship, Surgical Anatomy, Pain Management, Primary Care Sports Medicine, Advanced Topics in Anatomy, and Core FM SubI
- Jan 2002 **University of California, San Diego**
- Accepted Regent's Scholarship to attend UC San Diego-tuition, textbooks, housing
 - Awarded Regents scholarship to UC Santa Barbara
- June 2002 **Aliso Niguel High School in Aliso Viejo, CA**
- Graduated as the Scholar of Scholars (Class Valedictorian) in graduating class of 716 students

HOBBIES AND INTERESTS

- Ice hockey, played collegiate ice hockey at UC San Diego, high school soccer and baseball
- Sports medicine
- Travel